



If You Want to go quickly, go alone.
If you want to go far, go together.
-African Proverb

**2017 Vermont Health Care Association
Conference & Trade Show**

**September 26, 2017
Stoweflake Resort, Stowe, VT**

**Vermont Health Care Association
PO Box 397
South Barre, VT 05670**

Agenda

Tuesday, September 26, 2017

8:30—9:30 a.m.	Registration
9:30—11:00 a.m.	Welcome & Keynote
11:00—1:15 p.m.	Trade Show and Lunch
1:15—4:30 p.m.	Concurrent Education Sessions
4:30—5:30 p.m.	Super Chef & Awards Reception
5:30 p.m.	Awards Banquet

9:30—11:00 a.m.

KEYNOTE— WHAT'S THE VALUE OF YOUR ATTITUDE?

Presenter: Matthew Booth

Target Audience: All

What's The Value of Your Attitude? There is an old saying that "attitude is everything". Is that true? I think Attitude is the START of everything! Attitude determines your thoughts and ultimately your actions. In this program you will find that being positive as often as possible helps you be more successful at what you do. You'll leave this program with practical take-a-ways and the motivation to implement them.



**ATTITUDE
MATTERS**

11:00—1:15 p.m. TRADE SHOW & Lunch

1:15—2:45 Concurrent Education

Division of Licensing and Protection Update for Residential Care/Assisted Living

Presenter: Pam Cota, RN, BS

Division of Licensing & Protection, Licensing Chief

Target Audience: Residential Care/Assisted Living Administrators and Management

Division of Licensing & Protection will provide an update for residential care and assisted living providers. The session will include data on survey trends. There will be time for questions and answers.

Employment Law Update

Presenter: Alexandra Clauss

Primmer Piper Eggleston & Cramer, PC

Target Audience: Administrators, Directors of Nursing and Human Resources

This session will provide a review of recent developments in employment law, including two new laws set to take effect in Vermont on 1/1/18: Accommodations for Pregnancy & Social Media Account Privacy. Questions on job shadowing will also be reviewed.

Communicate With Attitude

Presenter: Matt Booth

Target Audience: All

From the day you were born, you've depended on the ability to communicate. A soft touch, that warm gentle hug from your family and somewhere between that first cry for breath and yesterday's long winded lunch, the process has changed. You now live in a world full of clutter, confusion, and information overload. With each step forward in technology, you seem to take a step back from personal connection and then are forced to catch up. Success comes to people not because they are smarter or more talented than you, but because they can communicate their ideas clearly and thus gaining buy-in from staff and co-workers. Virtually every facet of your personal and professional life hangs on your ability to communicate.

Tips on the (Person-Centered) Care and Feeding of our Resident Veterans

Presenter: Michelle Champoux, LICSW and Sgt Major Michael McHugh

Target Audience: All

This facilitated discussion of the impacts of military experience and culture on illness and aging. As we continue to focus on implementing person-centered care, it is vital to address the sometimes unique needs of our veterans.

3:00—4:30 Concurrent Education

Division of Licensing & Protection Update for Nursing Homes

Presenter: Pam Cota, RN, BS
Licensing Chief

Target Audience: Administrators, Directors of Nursing, Management, Department Leaders

Division of Licensing & Protection will provide an update for nursing homes . The session will include data on survey trends. There will be time for questions and answers

Chase Your Dreams

Presenters: Matt Booth

How many goal seminars, books, webinars and other crap have you sat through, read through, stared at, and listened to only to find that you can't sustain any of it? Ask anyone today where they're going and how they plan to get there, and chances are they don't know. Today, we live in a microwave, throw-away, live-for-the-moment society. Take control of your personal and professional life—attitude, relationships, time management, health and fitness, communication, and finances—you determine where you're going.

Using Your Casper Report: Improving your Outcomes

Presenter: Gail Harbour, RN
Target Audience: Nursing homes

Come and learn more about how your CASPER report is used by CMS and get some tips on improving your outcomes.

VT's Universal Recycling (Act 148) - Food Waste Management & Composting

Presenters: tba
Target Audience: Nursing Homes, Residential Care and Assisted Living

As Vermont moves ahead in being national leaders in waste management, food service operations around the state are doing their part. More and more are separating food scraps and sending them off for composting. Act 148, the Universal Recycling Law, has phased-in requirements to do so, culminating in all food scraps being banned from the landfill in 2020. This talk will give an overview of why Universal Recycling makes sense, the regulations and opportunities for food service kitchens, and a how-to on getting started and troubleshooting your program.

**STOWEFLAKE RESORT AND CONFERENCE
CENTER
RESERVATION INFORMATION**

Standard overnight room rates at Stoweflake Resort and Conference Center are \$135 per night subject tax which is currently 10%. (Larger Condos with 1, 2 and 3 bedrooms may also be available at a varying rates.)

You should call Stoweflake Resort toll free reservation number (800) 253-2232. Be sure to let them know you are with Vermont Health Care Association Group to receive the discounted rate.

All individual reservations should be made no later than **September 15, 2017**.

Check-in time is 3:00 p.m. and checkout time is 11:00 a.m. Rooms not vacated by 11:00 a.m. are subject to an additional \$100 charge.

Registration Details

REGISTRATION: Please complete the enclosed registration form and return it by September 15, 2017 to VHCA at PO Box 397, South Barre, VT 05670, or fax to 802-223-4826. Call Sherry Callahan at 802-229-5700 if you have any questions.

Registration Changes: Changes to your registration prior to convention must be submitted in writing to the Association office. Please fax or email your changes. Changes will be accepted through September 15, 2017 after which all changes must be made on-site.

PAYMENT: Payment for the convention must be made in advance. Any payment not received prior to the event shall be billed at the non-member rate. If membership dues or any invoices are 90 days in arrears, registration fee for convention will be charged at the non-member rate unless payment is made in full prior to convention.

REFUND POLICY: All cancellations must be in writing. Cancellations received prior to 9/15/2017 will receive a refund less 10% processing fee. NO REFUNDS AFTER SEPTEMBER 15, 2017.

CEUs: Each session qualifies for 1.5 VHCA CEUs.

REGISTRATION FEES

GROUP FACILITY PRICING	MEMBER	NON MEMBER
1-49 bed Facility		
BASE (includes the first 5 people registered)	\$ 500.00	\$ 800.00
Per person per day over the 5 included in the base	\$ 75.00	\$ 90.00
50+ bed Facility		
BASE (includes the first 10 people registered)	\$ 900.00	\$1200.00
Per person per day over the 10 included in the base	\$ 75.00	\$ 90.00
 INDIVIDUAL PRICING		
Individual Residential Care/Assisted Living		
Per person per day	\$ 150.00	\$ 250.00
Individual other than Res Care/AL	\$ 250.00	\$ 400.00
Banquet Ticket	\$ 55.00	<u>After 9/15/2017</u> \$70.00

POSITION CODES

Owner	10	LNA	14	Business Office	19
Administrator	11	Activities	15	Corporate Member	20
RCH Manager	21	Dietary	16	Social Services	22
DNS	12	Maintenance	17	Marketing/Admissions	23
Nursing	13	Housekeeping	18	Other	24

Registrations received after September 15, 2017 will be subject to a 10% surcharge.